

THE 56th DUBLIN SCULLING LADDER 2022-2023

The opening Time Trial for the 56th Dublin Sculling Ladder will take place on **Saturday, 8 October, 2022**. As usual it will be raced in eight sections, starting on the hour from 10.00 am to 5.00 pm. Participants must check in with Secretary at the Garda Boat Club half an hour before the first section they wish to race. They will be issued with a number, which must be worn visibly on the sculler's back when racing. Scullers wishing to race more than once should retain their numbers until after their last race. Numbers should be returned to the Secretary after each sculler's last race. **Please note that scullers without numbers will not be timed**, and that no-one should use a number issued to another sculler. In the final order scullers who scull more than once will be credited only with their fastest time.

Again we ask all **club captains** to help with the running of the event by providing responsible people on the bank on bicycles to help to ensure safe and fair racing. Each club will be responsible for the safety of their own scullers. Junior and inexperienced scullers must be supervised from the bank by members of their own clubs.

Each Section starts from the Wires, just above Trinity Boathouse, and finishes at the end of the towpath at Chapelizod. Scullers should be reminded that when they have finished racing they **must not impede** those who started behind them who are still on the course.

Remind your 'non-scullers' that they will only learn by doing it, that they will never improve their times more impressively than in their first few months in a scull and that sculling will improve their rowing significantly. Their improved sculling will impress their captain and coaches when selection time comes round. Scullers from outside Dublin are very welcome to race the Time Trial.

The winner wins the Wooden Goblet, the Fastest Woman wins the Yew Goblet and both win the first Tankards of the new season. There are also prizes for the fastest junior man and woman. Each club's top eight scullers score for the team trophy, the Steve Casey Memorial Cup. Last year's winners are asked to return the trophies cleaned and with the inscriptions up to date.

Good racing to all in this 56th Time Trial. Results and Presentations in the Garda Boat Club on race day at 6.30 pm.

Racing by Challenge Races will continue in the 56th Dublin Sculling Ladder until the last Saturday in March 2023.

Alan Thomas, Secretary, Dublin Sculling Ladder

083 3510054

e-mail: secretary@dublinscullingladder.ie

July 24th 2022